

BEYOND COLD

OWNER'S GUIDE

Summit

Setup • Operation • Maintenance • Warranty

MADE IN TENNESSEE, USA

1 Welcome & Quick Start

Welcome to Beyond Cold

An inflatable cold plunge with a high-efficiency chiller—lightweight, durable, and easy to set up anywhere for powerful recovery on the go, or right at home.

American Made

Built with quality and craftsmanship you can trust.

High-Efficiency Cooling

Reaches 37°F for optimal recovery.

Quick Domestic Support

Fast, reliable service based in the U.S.

Durable Design

Engineered for long-term daily use.

Clean Water System

Integrated filtration keeps water fresh and free from debris.

3-Step Quick Start

01

Fill Water

02

Power On

03

Set Temperature

Recommended first session: 50–55°F for 1–3 minutes.

2 Safety Precautions

Drowning

Never use the tub alone, especially if you're new to cold therapy. Always have someone present who can assist you in case of difficulties.

Hypothermia

Limit cold immersion to 3–5 minutes, or 1–3 minutes if new to cold therapy. Cold exposure longer than recommended can result in hypothermia, which is dangerous and may be fatal.

Shock

Be aware that sudden immersion in cold water may shock your system, especially if you have underlying health conditions.

Alcohol / Drugs

Never use the tub while under the influence of drugs or alcohol.

Consult a Physician

Speak to your healthcare provider before using the tub if you are pregnant, have underlying medical conditions, or are under 18 years of age.

Children

Do not allow children to use the tub without consulting a physician or pediatrician. Always supervise children near the tub.

Always use cold therapy responsibly and stop immediately if you feel faint, dizzy, numb, or unwell.

3 Summit Tub Overview

The Summit Cold Therapy Tub

The Summit is our premium all-in-one cold therapy system, combining the plunge tub, filtration, and chiller into one sleek integrated design. Built from premium materials with an ergonomic molded seat, the Summit is designed for comfort, durability, and everyday ease of use while delivering reliable cold therapy with minimal setup.



Length	75 in	Width	36 in
Height	28 in	Seated Depth	27 in
Weight Empty	240 lb	Weight Full	1040 lb
Capacity	96 gal	Warranty	1 Year

4 Controls & Components



Controls

Our user-friendly controller allows you to easily set and monitor your ideal water temperature. With clear display readings and simple adjustments, it gives you precise control over your cold therapy experience.



Power Cable

Our GFI-protected power cable includes a built-in test and reset button for added safety and control. The indicator light allows quick power verification.

Quick Connects

Secure fittings with stainless steel pins and rings for a precise, lasting fit.

Black Vinyl Tubing

Flexible, algae-resistant tubing helps maintain clean, consistent water flow.

Tennessee Made Chiller

Built with dependable performance and domestic support.

Included Accessories

Travel bag, accessory kit, insulated lid cover, and lockable clips.

5 Setting Up the Tub & Chiller

01 Location

Choose a location that can support at least 1,000 lbs.

02 Electrical Connection

Place the chiller close to a 120V 15 amp outlet. Avoid using extension cords. If necessary, use a 12 AWG extension cord with a single tap, not a power strip.

03 Fill the Tub

Fill the tub with clean water to the recommended level. Once filled, plug in the unit, power it on, and set your desired temperature.

7 Operating The Chiller

Powering On

Plug in the chiller and turn it on. Check that the power light is illuminated. If not, press the button nearest to the light.

Adjusting the Temperature

Set the controller to your desired temperature. Listen for the chiller to start priming, and ensure no large air bubbles are coming from the inlet jet. Three dashes on the temperature display means the cooling feature is off.

Ensuring Proper Water Flow

Check that water flows continuously from the outlet and ripples the water surface. If the flow is weak or absent, ensure the water level is at the proper height. If needed, open the quick connect fitting on the outlet of the chiller to manually release trapped air.

Beginner

50–55°F

1–3 min

Intermediate

45–50°F

3–5 min

Advanced

37–45°F

5–10 min

8 Using the Cold Plunge Tub

Temperature and Duration:

Beginners should limit their sessions to 1–3 minutes. Gradually increase as your body adapts, extending up to 3–5 minutes.

Experienced users can extend their immersion time, but do not exceed 10 minutes without taking a break. Prolonged exposure beyond 10–15 minutes can increase the risk of adverse effects, including hypothermia.

Cover: Use the included cover when the tub is not in use to maintain water temperature and prevent debris from entering the tub.

Before

Focus on controlled breathing and enter slowly.

During

Relax your shoulders and avoid sudden movement.

After

Exit carefully, hydrate, and warm naturally.

9 Maintenance & Draining

Water Treatment

Periodically treat the water with chlorine to maintain cleanliness. Chlorine kits are available on our website.

Replacing the Filter

Check the 20-inch paper filter every 5–7 days. Turn off the unit, open the filter housing, remove and inspect the filter. You may rinse off larger debris, but replace the filter when significant discoloration or buildup is present. Damage caused by poor filter maintenance is the owner's responsibility and is not covered under warranty.

Winterizing Your Chiller

If outdoor temperatures may reach 38°F or lower, drain the tub completely.

Draining the Tub

Using the Camlock to Garden Hose Adapter: The included drain adapter allows you to drain your Summit Cold Therapy Tub using a standard garden hose.

1. Turn off and unplug the chiller.
2. Open the drain valve.
3. Allow the tub to drain completely.
4. Use a small cup or bucket to remove any remaining water.
5. Close the drain valve after draining.

Do not leave the system unattended while draining. Always route the garden hose to an appropriate drainage location.

10 Frequently Asked Questions

1. Should I keep the chiller running all the time?

Yes, continuous operation keeps the water cold, reduces bacterial growth, and ensures your tub is ready to use. Cooling from room temperature can take hours.

2. How often should I clean or replace my filter?

Check your filter every 5–7 days. Larger debris can be rinsed away, but the filter should typically be replaced every 2–4 weeks depending on usage and water quality.

3. How do I know if the chiller is primed correctly?

After powering on, check for a steady flow from the outlet and a slight ripple on the water surface. If flow is weak, release trapped air from the outlet quick-connect or add water to the filter basket.

4. What should I do if the water isn't cooling?

Ensure the chiller's power is on, temperature is set, and there's strong water flow. Clean the filter basket if needed. Contact support if issues continue.

5. How often should I replace the water?

Replace water every 2–4 weeks, depending on usage and water treatments. Watch for any changes in clarity or smell.

6. Can I use chemicals to keep the water clean?

Yes, use mild treatments like hydrogen peroxide or chlorine in recommended amounts, avoiding harsh chemicals that could damage the tub or chiller.

7. How can I prevent freezing during cold weather?

If your Summit is installed outdoors and ambient temperatures may reach 38°F or lower, drain the tub completely to prevent freeze damage.

8. Is the cold tub safe for children?

No, it's designed for adults only, as cold immersion stresses the body. Always consult a physician for anyone's use of cold therapy, and have a responsible spotter for new users.

9. How long should I stay in the cold tub?

For beginners, 1–3 minutes is recommended, while experienced users can extend to 3–5 minutes. Avoid exceeding 10 minutes without a break.

10. What should I do if I see condensation?

Condensation is normal. Place the tub in a spot that can handle water exposure and occasionally wipe down any excess.

11 Warranty & Support

All Beyond Cold chillers and plunge tub packages include a one-year warranty. Select packages may offer an optional extended warranty for an additional fee, based on your specific purchase.

Beyond Cold warrants our products to be free from defects in materials and workmanship. The warranty term begins on the date of purchase. This limited warranty does not cover any damage, deterioration, or malfunction resulting from any alteration, modification, improper or unreasonable use or maintenance, misuse, abuse, accident, neglect, exposure to excess moisture, fire, improper packing and shipping, lightning, power surges, freezing damage, or other acts of nature.

Beyond Cold will, at our discretion, repair or replace any chiller or package component covered under this warranty. To request warranty service, please contact our technical support team.

Shipping and Handling for Warranty Repairs: If this product is returned to Beyond Cold for repair, the customer is responsible for shipping charges to send the product to our facility. Proper packaging is required for safe transport, and the product must be insured during shipment. Once received, Beyond Cold will repair or replace the product at our discretion and cover the cost of shipping it back to you within the continental 48 states. Additional shipping surcharges may apply for locations outside the continental 48 states.

Warranty Disclaimer: TO THE MAXIMUM EXTENT PERMITTED BY LAW, THIS LIMITED WARRANTY AND THE REMEDIES SET FORTH HEREIN ARE EXCLUSIVE AND IN LIEU OF ALL OTHER WARRANTIES, REMEDIES, AND CONDITIONS, WHETHER ORAL OR WRITTEN, EXPRESS OR IMPLIED.

Need Help?

Need help choosing the right model for your home or facility, or require technical support? Our Tennessee-based team is here to assist you.

Call: 865.450.8323

Email: info@beyondcold.com

Address: 1157 Corridor Park Blvd, Knoxville, TN 37932

Website: beyondcold.com/contact

